



Bernards Heath Junior School

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Head Teacher: Mr Darren Armoogum BSc PGCE

4 October 2024

Harvest Assembly Wednesday 16th October 2.45pm

Dear Parents/Carers

I would like to invite you to our **Harvest Assembly** on Wednesday 16th October 2.45pm.

Space in the hall is very limited. Parents will be seated in the dining room as the children take up all available space in the hall. Therefore, parents will be able to hear but possibly not see much! We can only accommodate **one parent for each family** and we ask that you do not bring babies or toddlers.

We are collecting for St Albans & District Foodbank <https://stalbandsdistrict.foodbank.org.uk/>. They have provided us with the following list of useful items.

MOST NEEDED ITEMS:

- Baked beans
- Pasta
- Rice
- Tinned rice pudding
- Tinned custard
- Tinned Vegetables (sweetcorn, potatoes, peas etc)
- Tinned fruit.
- Tinned soup
- Tinned meats
- Tinned fish
- Tinned tomatoes
- Tinned chickpeas and pulses
- Desserts
- Biscuits and savoury snacks
- Cereals (not oats)
- Longlife fruit juice and milk
- Cooking sauces
- Cooking oil
- Noodles
- Jam / spreads
- Tea
- Toilet rolls
- Shower gel, shampoo, conditioner, laundry tablets, washing up liquid, nappies sizes 4 an upwards.

Please do not bring any fresh food or food containing nuts / sesame.

Children may start to bring in items at any time.

Please note, year 5 will be swimming during this time.

Many thanks for all your support.

Yours sincerely

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Darren Armoogum
Headteacher