



Bernards Heath Junior School

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May 2026

Dear Parent/Carer,

Walk to School Week 18th to 22nd May 2026

We're delighted to announce that our school will be taking part in Walk to School Week this May!

This is a fantastic opportunity to encourage healthy habits, reduce congestion around the school, and help lower carbon emissions – all while making the journey to school more fun.

Walking or wheeling to school has so many benefits: it boosts physical and mental wellbeing, helps children arrive alert and ready to learn, and supports a cleaner, greener environment.

How you can help:

- Encourage your child to walk or wheel to school as often as possible during the week.
- If walking the whole way isn't practical, try a 'Park and Stride' – park a short distance from school and walk or wheel the last part of the journey.

Let's see if each class can beat their record on the Travel Tracker.

And that's not all – following Walk to School Week, we'll also be supporting Clean Air Day on Thursday 18th June 2026. More details will follow soon.

Thank you for helping us make a positive difference for our children and our community. Let's get moving!

Yours sincerely,

The Senior Leadership Team